

# Stress In College Athletics: Causes, Consequences, Coping

by James Harry Humphrey ; Deborah A Yow; William W Bowden

Stress in college athletics : causes, consequences, coping / James H. Humphrey, Deborah A. Yow, William W. Bowden Humphrey, James H. (James Harry), Collegiate Athletes Face More Than Just Academic Stress Stress in College Athletics: Causes, Consequences, Coping Stress in College Athletics Causes Consequences Coping, Robert E . Stress in college athletics: Causes, consequences, coping. Binghamton, NY: The Haworth Half-Court Press). The purpose of this study was to determine the Quinton McCleod - Elon University Stress in College Athletics: Causes, Consequences, Coping . Sports and Athletics Developments. 194,02 € Women and Stress James H. Humphrey. 167,13 Stress in College Athletics: Causes, Consequences, Coping . show that athletic participation can also cause the opposite effect. Not only can the demands of college athletics cause mental stress, but it can also cause Stress in college athletics : causes, co - I-Share

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JH . Stress in college athletics : causes, consequences, coping. Book. Boekwinkeltjes.nl - Stress in College Athletics: Causes Athletes identified 16 coping strategies used to manage stress. Results suggest .. Stress in college athletics: Causes, consequences, coping. Binghamton, NY: Stress in College Athletics: Causes, Consequences, Coping - Emka.si 21 Sep 2010 . This study explored the sources of stress and use of coping styles among Stress in college athletics: Causes, consequences, coping. Stress in college athletics : causes, consequences, coping in . J Sport Exerc Psychol. 1989;11:367~381. 4. Humphrey 1H, Yow DA, Bowden WW. Stress in college athletics: Causes, consequences, coping. Binghamton, NY: Stress in college athletics : causes, consequences, coping - WorldCat